

~ 12th ANNUAL ~

# StAR4LIFE - Saint Ambrose Relay For Life

## 5K and 1 Mile Run/Walk

**DATE:** Saturday, June 1, 2019



**LOCATION:** Saint Ambrose, 929 Pearl Rd. Brunswick, 44212

**TIME:** 7:00 AM Registration/Package Pick up  
8:30 AM 5K and 1 Mile begin together

**ENTRY FEES:** 5K: \$25 Pre-Registration / \$30 (cash or check) Race Day  
1 Mile: \$20 Pre-Registration / \$25 (cash or check) Race Day  
Online reg. at [www.greaterclevelandxc.com](http://www.greaterclevelandxc.com) by 9 AM on May 31

**MISC:** 5K and 1 Mile will be chip timed, register by 5/24 for shirt guarantee

**Questions:** [star4lifegroup@gmail.com](mailto:star4lifegroup@gmail.com)

**Mailed Forms:** (Due by May 29.)

StAR4LIFE %Stacy Metheney 1310 Gary Blvd. Brunswick OH 44212

Checks: made out to **StAR4LIFE**

**Race Proceeds:** American Cancer Society, Holy Family Home, Collin Cares Cure Cancer

I attest that I am physically fit and sufficiently trained to participate in this event. I have full knowledge of the risk involved. In consideration of the acceptance of my entry into the StAR4LIFE 5K and 1 mile run/walk, I intending to be legally bound, do hereby myself, my heirs and my assign waive any and all claims to damages I or the named minor have against St. Ambrose Catholic Church, Greater Cleveland XC of any of its event sponsors for any and all injuries suffered by me while traveling to or participating in the 5K or the 1 mile and hereby state that I assume any and all risk inherent in the same. I also agree that I may be photographed during participation in this event and the photographs may be used for future advertisement of this event.

Name \_\_\_\_\_

Women S M L XL XXL

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

I'm participating in honor of:  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Signature (Parent/Guardian Signature  
Required if under 18 y/o)  
\_\_\_\_\_

Where would you like the proceeds to go?  
(Circle as many as you would like!)  
American Cancer Society Holy Family Home  
Collin Cares Cure Cancer

Birthdate \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

5K \_\_\_\_\_ 1 mile \_\_\_\_\_

Circle T SHIRT SIZE: Youth L

Men S M

L XL XXL

