



October 8, 2022 at 8:00AM

SPONSORED AND HOSTED BY
TRINITY CHURCH

Course starts and ends at Trinity Church
9225 Johnnycake Ridge Road in Mentor

REGISTRATION FEES:

5K | \$20 before September 10; \$25 after
1-Mile Fun Run | \$15 before September 10; \$20 after
Last day for guaranteed t-shirt is September 10

All proceeds will benefit Hannah's Home, a maternity home located in Mentor, Ohio for single pregnant teens and young women ages 18 and over. For more information, go to hannahshome.org.

HEART + HOME 5K and 1-MILE FUN RUN REGISTRATION FORM

Want to register online? Head to heartandhome5k.com!

CONTACT

Katherine Wetzel, Race Director
Phone: 440-974-9614
Email: kathyw@trinitymentor.com

MAIL THIS FORM

with check made payable to Trinity Church
9225 Johnnycake Ridge Road
Mentor, Ohio 44060

REGISTRATION TYPE: 5K [\$20 before 9/10; \$25 after] 1-Mile Fun Run [\$15 before 9/10; \$20 after]

NAME: _____ **AGE ON RACE DAY:** _____

GENDER: M or F

T-SHIRT SIZE: (Men's) S M L XL XXL
(Ladies') S M L XL XXL
(Youth) S M L

Registration form must be received by September 10 to guarantee t-shirt selection.

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE: () _____ **EMAIL (REQUIRED):** _____

EMERGENCY CONTACT (NOT A RACE PARTICIPANT): _____ **PHONE:** _____

OPTIONAL ADDITIONAL AMOUNT DONATED TO HANNAH'S HOME: \$10 \$25 \$50 OTHER: _____

TOTAL AMOUNT ENCLOSED: \$ _____

I accept that I compete in this event at my own risk and I hereby waive and release the event, Heart + Home 5K, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims to any accidents, injury or loss suffered as a consequence of my participation.

SIGNATURE: _____ **DATE:** _____

(Parent or guardian signature required if under 18)



Hannah's Home
at the heart of life

