

OLDE GIRDLED GRIT 50K

MARATHON HALF MARATHON TRAIL RUN

SATURDAY FEBRUARY 23 2019

CONCORD TWP. OH



LOCATION: LAKE METROPARKS ENVIRONMENTAL LEARNING CENTER, SKOK MEADOW, GIRDLED ROAD RESERVATION

For more information visit: <http://www.lakehealthrunning.com>

Race: 50K \$70 thru 01/1/19 \$75 thru 02/22/19 \$90 race day
Race: Marathon \$70 thru 01/1/19 \$75 thru 02/22/19 \$90 race day
Race: Half Marathon \$70 thru 01/1/19 \$75 thru 02/22/19 \$90 race day

First Name _____ Last Name _____
Email _____ Zip _____ Age on race day _____

Gender: Male / Female T-shirt size: S M L XL XXL (shirts are gender specific) Start Time: 7:30 am

I accept that I compete in this event at my own risk and I hereby waive and release the event, Greater Cleveland XC, Second Sole Mentor, Lake Metroparks, Concord Township, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation.

Signature: _____ (Parent or Guardian Signature Required if Under 18)

Please make checks payable & send to:

Greater Cleveland XC

c/o OGG

8791 Mentor Ave., Mentor, OH 44060

GCXC
RACE TIMING, MANAGEMENT & PROMOTIONS

EST. 1981
SECOND SOLE
MENTOR