

GREENWAY 5K & 10K

Sunday, April 28, 2019

5K & 10K on the
Greenway

9:00am Race Start
At Lake Metroparks

Environmental
Learning Center

Proceeds to benefit
**JUST RUN Lake County
and Lake Metroparks**

Post-race food and
refreshments indoors.
Race Day Registration
begins at 8:00am

Register Online:

www.greaterclevelandxc.com

Entry Fees: Register by April 27th :

5K-\$25/10K-\$30

Race Day Registration:

5K-\$30,/10K - \$35

Packet Pick-up: Saturday, April 27th,
10:00-1:00pm at Second Sole Mentor,
8791 Mentor Ave., Mentor



Entry Fee: ____ **5K: \$25** by April 27th **10K: \$30** by Apr. 27th

Make checks payable to: Greenway 10K

Mail to: Greenway 10K, c/o Brenda Scinto, 12250 Meredith Lane, Painesville, OH 44077

Online entry: www.greaterclevelandxc.com

Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

Email _____ Age (day of race) _____ Female _____ Male _____

Shirt Size: (circle one) Adult: XS S M L XL XXL

By signature, I attest that I am physically fit and sufficiently trained to participate in this event. I have full knowledge of the risks involved. I further acknowledge that the race course may contain uneven surface conditions, including but not limited to pot holes, curbs, sewer covers which may create a risk. I also acknowledge that the race is on public roads and I accept these risks. Therefore, in consideration of the acceptance of my entry, I, for myself, my executors and administrators waive any and all rights and claims for injuries or damages I may have against Lake Metroparks, Greater Cleveland XC, Second Sole Mentor, Anytime Fitness, JUST RUN Lake County and any individual involved in production of this race and will not hold them responsible for any and all injuries I may suffer in conjunction with this event. No refunds.

Signature _____ Date _____