

2019 6th Annual

Run For Life 5K Run/Walk



First/Last Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Birth Date _____ Age _____

Male _____ Female _____

Shirt Size

Adult S__M__L__XL__XXL__ Kids L__M__S__

5K chipped time _____ 1 to 2 mile walk _____

Amount Paid _____ Donation _____

Lake Health/University Hospitals
Seidman Cancer Center

September 22, 2019 8:00 a.m.

Registration opens at 7:00am; Race starts at 8:00 am

Lake Metroparks Farnpark, 8800 Euclid Chardon Road (Rt. 6) in Kirtland, Ohio

| | Adults | Children (0-15) |
|---|--------|-----------------|
| Pre-registration | 20.00 | 15.00 |
| Pre-registration <i>with</i> Park entry | 25.00 | 20.00 |
| Day of Race | 25.00 | 25.00 |
| Day of Race <i>with</i> Park entry | 30.00 | 30.00 |

**Awards for the Top 3 Overall Male/Female, Top 3 Male/Female in Each Category:
(0-9) (10-14) (15-19) (20-29) (30-39) (40-49) (50-59) (60-over)**

On-Line Registration @ <https://www.greaterclevelandxc.com/runforlife5k>

For more information, go to www.lhuhseidmancancer.org/charity-run-life

Mail to: *Run for Life*, c/o LH/UHSCC, 9485 Mentor Ave., Suite 3, Mentor, OH 44060

Cut off time for mail September 17th and on-line September 20th by 9:00 am

Race Release

I know of and acknowledge the risks involved in participation in this athletic event (the "Event"). I understand that serious injury, and even death, is possible in such participation and choose to accept any and all responsibility for my safety and welfare while participating in the Event. With full understanding of the risks involved, I, on behalf of myself, my executors, administrators, and assignees do hereby release and discharge Lake Health/University Hospitals Seidman Cancer Center, Second Sole, Greater Cleveland XC, City of Kirtland, and Lake Metroparks Farnpark of all claims and damages, demands and all actions whatsoever in any manner arising out of my participation in the Event. I attest that I am physically fit and sufficiently trained to participate in the Event. I understand the race officials reserve the right, in their sole discretion, to disqualify and remove any entrant from the race whom they deem as a potential hazard to themselves and others without compensation or refund.

Signature/Date (parent/guardian if under 18)
