



# Glow With the Flow Twilight Run 5K Run/Walk And Kids Run/Walk

*A fun filled course featuring lights, music and a disco ball  
Proceeds benefit CollinCaresCureCancer Foundation*

**Friday Early Evening August 6th, 2021**

*\*Times TBD, Possible Staggered Start*

**Root Middle School, Medina, OH**

**333 W. Sturbridge**

**Medina, OH 44256**



Entry Fees: 5K \$30.00 or \$35.00 after August 1st

1 Mile Kids Run/Walk \$15.00 or \$20.00 after August 1st

Awards: Top three finishers in age groups. Awards to be mailed, times will be posted.

Kids Fun Run/Walk participants will receive ribbons

Participants will receive glow-in-the-dark items to wear for the race as well as race t-shirts.

\*Those registering after August 1st are not guaranteed shirts.

Name: \_\_\_\_\_ Tel # \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Check One: 5K Run/Walk \_\_\_\_\_ Kids 1 Mile Run/Walk \_\_\_\_\_ Virtual 5K \_\_\_\_\_

Age: \_\_\_\_\_ M/F \_\_\_\_\_ T-Shirt Size Youth: S M L

Adult: S M L XL XXL

Make Checks Payable to: CollinCaresCureCancer 1114 North Court Street, #103, Medina, Ohio 44256

Waiver: By accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a foot race, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian if under 18 \_\_\_\_\_

\*No refunds will be issued for any reason

\*CollinCares will follow all COVID guidelines issued by the Medina County Health Dept.

**GCXC**  
**RACE TIMING & MANAGEMENT**