



**MICHAEL MIHALICK MEMORIAL**  
5 MILER & 5K RACE

**SUNDAY, AUGUST 21, 2022**

**5K & 5 MILER**

**THROUGH MENTOR LAGOONS**

**8:00AM 5 MILE RACE START**

**8:15 5K RACE START**

**AT MENTOR CARES**

**PROCEEDS TO BENEFIT**

**2 SCHOLARSHIPS IN MICHAEL'S  
NAME AND THE MIHALICK FAMILY.**

**REGISTER ONLINE: WWW.GREATERCLEVELANDXC.COM**

**ENTRY FEES: REGISTER BY AUGUST 10<sup>TH</sup>:**

**5K-\$25/5 MILER-\$30**

**REGISTRATION AUGUST 10<sup>TH</sup>-21<sup>ST</sup>**

**5K-\$30,/5 MILER - \$35**

**PACKET PICK-UP: SATURDAY, AUGUST 20TH, 12:00-5:00PM  
AT SECOND SOLE MENTOR, 8791 MENTOR AVE.**

**POST-RACE REFRESHMENTS**

**AND AWARDS**

**RACE DAY REGISTRATION**

**BEGINS AT 7:00AM**



**Entry Fee: \_\_\_ 5K: \$25 by 8/10, \$30 8/10 -8/21 \_\_\_ 5 Miler: \$30 by 8/10, \$35 8/10 – 8/21**

**Make checks payable to: Christine Mihalik**

**Mail to: MMM 5K & 5 Miler, c/o Brenda Scinto, 12250 Meredith Lane, Painesville, OH 44077**

**Online entry: www.greaterclevelandxc.com**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Age (day of race) \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_

**Shirt Size: (circle one) Adult: XS S M L XL XXL**

By signature, I attest that I am physically fit and sufficiently trained to participate in this event. I have full knowledge of the risks involved. I further acknowledge that the race course may contain uneven surface conditions, including but not limited to pot holes, curbs, sewer covers which may create a risk. I also acknowledge that the race is on public roads and I accept these risks. Therefore, in consideration of the acceptance of my entry, I, for myself, my executors and administrators waive any and all rights and claims for injuries or damages I may have against Lake Metroparks, Greater Cleveland XC, Second Sole Mentor, Anytime Fitness and any individual involved in production of this race and will not hold them responsible for any and all injuries I may suffer in conjunction with this event. No refunds.

Signature \_\_\_\_\_ Date \_\_\_\_\_