

# 7th Annual CLOCKTOWER RUN

Flashback to the

Sunday, Sept. 15, 2019 at 8:30 a.m.

5K Run & 5K Fun Walk with Chip Timing  
Leashed pets welcome for walkers!

80



**Where:**

Lakeland Community College  
7700 Clocktower Drive  
Kirtland, OH 44094

Registration/check-in at the clock tower

**Schedule:**

7:30 a.m. Registration  
8:30 a.m. Race begins  
10 a.m. Awards

\$20 for students, veterans and walkers  
\$25 for runners before race day  
\$30 for runners on race day

*The proceeds from the race will benefit the Lakeland Staff Association Endowed Scholarship Fund. Each year the LSA awards scholarships to deserving students.*

**5K run age divisions:**  
12- under / 13-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60-69 / 70 & over

**Event includes:**

- T-shirts and race swag for first 200 registered.
- Awards for 5K men and women top finishers in each age group.
- Awards for top three 5K winners overall.
- Prize for best costume.
- Prize for largest group.
- Refreshments



**Clocktower Run Registration Form**

Register online at [greaterclevelandXC.com](http://greaterclevelandXC.com)

Mail your entry to Lakeland Community College, **Attn: Kristina Hill** 7700 Clocktower Drive, Kirtland, OH 44094

Make checks payable to The Lakeland Foundation.

For more information, contact: Chad Jordan at 440.525.7036 or [cjordan14@lakelandcc.edu](mailto:cjordan14@lakelandcc.edu) or Greater Cleveland XC at 440.290.0185.

**PLEASE PRINT CLEARLY**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age (day of race) \_\_\_\_\_

ZIP \_\_\_\_\_ Telephone \_\_\_\_\_ Email \_\_\_\_\_  Male  Female

Registering for:  5K Run  5K Fun Walk T-shirt size:  Small  Medium  Large  X-Large  XX-Large

In consideration of the acceptance of my entry in the Lakeland Clocktower Run/Walk, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, hereby release and hold harmless Lakeland Community College, its employees, agents, sponsors, and volunteers from liability or claims for any injury or illness which I may sustain in connection with said event. I attest and verify that I have full knowledge of the risks involved.

Signature of participant \_\_\_\_\_

Date \_\_\_\_\_

Signature of parent/guardian (if under 18 years of age) \_\_\_\_\_

Date \_\_\_\_\_

Call in case of emergency: \_\_\_\_\_ Name \_\_\_\_\_

Phone Number \_\_\_\_\_