



**ARMED FORCES DAY
STARS & STRIDES
5K RUN/1M WALK**

Saturday, May 18, 2024

10:00 am 5K Start,

10:15 am 1M Walk

Lakeland Community College



**Lake-Geauga
Habitat
for Humanity®**

Race. Honor. Benefit.

For more information visit: <https://www.gcxcrcing.com/starsandstrides>

S&S 5K/1M

\$25 thru 4/15/24

\$30 thru 5/17/24

\$35 Race Day

First Name _____

Last Name _____

Email _____

Zip _____ **Age on race day** _____

Uni-Sex T-shirt size: S M L XL XXL

Start Time: 10 am 5k, 10:15 am 1M

I accept that I compete in this event at my own risk and I hereby waive and release the event, GreaterCleveland XC, GCXC, Second Sole Mentor, Lakeland Community College, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation.

Signature: _____ (Parent or Guardian Signature Required if Under 18)

Please make checks payable and send to:

LGHFH

Attn: S&S 5K

34071 Vine Street

Eastlake OH 44095

