

# BLUFF YOUR WAY 12 HOUR ENDURANCE RUN

12 HOURS - 50 MILES - 50K - MARATHON - HALF MARATHON

Lake Metroparks Lake Erie Bluffs Perry, OH

Sunday, September 28, 2018

6:30am Start (12 Hours) - 7:30am (Marathon) - 7:45am (Half Marathon)

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For more information visit: <http://www.lakehealthrunning.com>

12 Hours	<input type="checkbox"/> \$75 thru 09/01/18	<input type="checkbox"/> \$85 thru 09/22/18	<input type="checkbox"/> \$90 (race day)
50 Miles	<input type="checkbox"/> \$75 thru 09/01/18	<input type="checkbox"/> \$85 thru 09/22/18	<input type="checkbox"/> \$90 (race day)
50K	<input type="checkbox"/> \$75 thru 09/01/18	<input type="checkbox"/> \$85 thru 09/22/18	<input type="checkbox"/> \$90 (race day)
Marathon	<input type="checkbox"/> \$75 thru 09/01/18	<input type="checkbox"/> \$85 thru 09/22/18	<input type="checkbox"/> \$90 (race day)
Half Marathon	<input type="checkbox"/> \$75 thru 09/01/18	<input type="checkbox"/> \$85 thru 09/22/18	<input type="checkbox"/> \$90 (race day)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Email \_\_\_\_\_ Zip Code \_\_\_\_\_ Age on race day \_\_\_\_\_

Gender: Male / Female T-shirt size: S M L XL XXL (gender specific)

Start Time: 6:30am (12 hours) 7:30 am (Marathon) 7:45 am (Half Marathon)

I accept that I compete in this event at my own risk and I hereby waive and release the event, Lake Health, Greater Cleveland XC, Second Sole Mentor, Lake Metroparks, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation.

Signature: \_\_\_\_\_ (Parent or Guardian Signature Required if Under 18)

Please make checks payable and sent to:

Greater Cleveland XC

Attn: Bluff

8791 Mentor Ave.

Mentor, OH 44060

